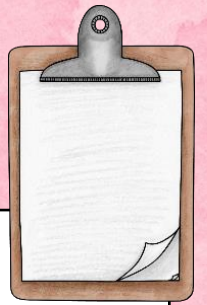


# Self-Management



Study Habits	<ul style="list-style-type: none"><li>• Farmer Duck by Martin Waddell</li><li>• Planning Isn't My Priority by Julia Cook</li><li>• Don't Forget the Bacon by Pat Hutchins</li><li>• See You Later, Procrastinator! By Pamela Espeland and Elizabeth Verdick</li></ul>
Staying Organized	<ul style="list-style-type: none"><li>• The Berenstain Bears and the Messy Room by Stan and Jan Berenstain</li><li>• It Was Just Right Here! By Bryan Smith</li><li>• Get Organized Without Losing It by Janet S. Fox</li></ul>
Self-Control	<ul style="list-style-type: none"><li>• Interrupting Chicken by David Ezra Stein</li><li>• How to Be a Superhero Called Self-Control by Lauren Brukner</li><li>• What If? by Collen Doyle Bryant</li><li>• What Were You Thinking? Learning to Control Your Impulses by Brian Smith</li></ul>
Managing Emotions	<ul style="list-style-type: none"><li>• Millie Fierce by Jane Manning</li><li>• The Grouchy Ladybug by Eric Carle</li><li>• Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst</li><li>• Llama Llama Mad at Mama by Anna Dewdney</li></ul>
Calming Strategies	<ul style="list-style-type: none"><li>• Wemberly Worried by Kevin Henkes</li><li>• Stress Can Really Get on Your Nerves! By Trevor Romain</li><li>• You Get What You Get by Julie Gassman</li><li>• I Can Handle It! By Laurie Wright</li></ul>
Developing Goals	<ul style="list-style-type: none"><li>• The Little Engine that Could by Watty Piper</li><li>• A Chair for My Mother by Vera B. Williams</li><li>• Ruby's Wish by Shirin Yim Bridges</li><li>• Salt in His Shoes by Deloris Jordan</li></ul>
Perseverance and Resilience	<ul style="list-style-type: none"><li>• Salt in His Shoes by Deloris Jordan</li><li>• Brave Irene by William Steig</li><li>• Apples to Oregon by Deborah Hopkinson</li><li>• Unstoppable Me! By Dr. Wayne W. Dyer</li><li>• Wilma Unlimited by Kathleen Krull</li><li>• The Most Magnificent Thing by Ashley Spires</li></ul>